

SHAUN HULS

DIRECTOR OF HIGH PERFORMANCE

4TH YEAR IN NFL / 4TH IN PHILADELPHIA

COLLEGE: NEBRASKA



Shaun Huls joined the Eagles during the 2013 offseason and serves as the team's director of high performance. Huls came to Philadelphia after serving as the head strength and conditioning coach and combatives coordinator for Naval Special Warfare.

In his previous post, Huls coordinated the strength and conditioning and injury prevention programs for the Navy SEAL Teams.

Prior to his stint at Naval Special Warfare, Huls was the director of athletic performance at Hampton University, where he coordinated the strength and conditioning programs for all 16 varsity sports. He was responsible for building the Pirates strength and conditioning program from scratch.

Huls joined the staff at Hampton from the University of Nevada where he served as the head baseball and assistant football strength and conditioning coach. He also served as the coordinator of performance nutrition for all Wolf Pack athletes.

From 1996-2001, Huls worked at the University of Nebraska's Husker Power. As the head baseball and assistant football strength and conditioning coach at Nebraska, Huls helped coach the 1997 National Championship football team and prepared three Big 12 Champion and two College World Series baseball teams.



HULS' CAREER TIMELINE

1996-2001	Nebraska	Head Baseball and Assistant Football Strength and Conditioning Coach
<i>Between 2002-12: Navy Special Warfare, Hampton, Nevada</i>		
2013-15	Philadelphia Eagles	Sports Science Coordinator
2016-	Philadelphia Eagles	Director of Sports Science and Reconditioning