



**Height:** 6-3

**Weight:** 327

**Date Of Birth:** November 14, 1991

**Hometown:** Minnetonka, MN

**HS:** Minnetonka

**College:** Wisconsin

**NFL Experience:** 3rd Year

**Draft Pick:** D7-14 (224th overall)

by Philadelphia

## VITALS

## DID YOU KNOW?

In 2016, Allen became the first Eagle since 2008 (Dan Klecko) to play on both sides of the football in the same game. Allen played 17 snaps as a defensive tackle and four as a fullback vs. Cleveland on opening day (9/11)

## THREE-STEP DROP

**In any other sport, what position would you play and what team:**

**Enforcer/left winger for the Philadelphia Flyers**

**First jersey owned:** Brett Favre, Green Bay Packers

**Biggest Pet Peeve:** When people with read receipts don't text you back

**Favorite meal:** Mom's Porcupine Meatballs (meatballs with rice inside)

**Favorite book:** *Lonesome Dove* by Larry McMurtry

**Favorite athlete to watch now:** Legendary Angler Roland Martin

**Three favorite throwback jerseys:** Reggie White, Eagles; Reggie White, Packers; one of the Hanson Brothers, Charlestown Chiefs (*Slap Shot*)

**"For how big he is, he has very, very good feet. He's quick; he's very strong. He has a lot of raw ability that you like to see in a defensive tackle."**

- Eagles Center Jason Kelce

A seventh-round pick of the Eagles from Wisconsin in 2014, Beau Allen contributed as a member of the defensive line rotation in all 32 games of his first two NFL seasons. Allen, who never missed a game in college, finished his Badger career with 94 tackles and eight sacks en route to becoming a two-time All-Big Ten honorable mention selection (2012-13).

## BIRDSEED

- Claims his football career was most influenced by his position coach at Wisconsin, Charlie Partridge, now the head coach at Florida Atlantic. "I thought he was a great coach and I had a lot of respect for him and the way he went about his business. I think he taught us the right way"
- In the 2016 offseason, Beau starred in a commercial for Bob's Discount Furniture along with the company's co-founder Bob Kaufman (pictured below). The store now offers a recliner named after the defensive tackle called "The Allen"



## PERSONAL

- Has a Vizsla dog named Penny (short for Penelope Anne Lumpkins, Jr. Allen III)
- Nicknamed "The Polar Bear" at Wisconsin, due to his size and northern heritage
- Son of Matt and Susie Allen. Matt is a senior vice president of sales for Elizabeth Arden and Susie is a registered nurse. Matt also was the varsity spirit squad captain at Wisconsin. His brother, Jack, works in finance in New York City, and his sister, Grace, will be attending University of Wisconsin this fall after winning the state basketball championship as a senior at Minnetonka High School
- Grandfather, Fred T. Westphal, was an All-American swimmer at Wisconsin (1956-59). Uncle, John Westphal, played football for the Badgers (1980-81)
- An all-state selection by the *Associated Press* as a senior at Minnetonka HS with a team-best 89 tackles, seven sacks, three forced fumbles, two blocked field goals and one blocked punt
- Also played hockey, lacrosse and participated in track and field in high school. Was a member of the 2009 Minnesota state champion lacrosse team



## ALLEN'S CAREER STATISTICS

Year	Team	GP/GS	TACKLES					PASS DEFENSE					FUMBLES			DEF SNAPS	
			Total	Solo	Asst	TFL	Sacks	Int	Yards	Lg	TD	KD	FF	FR	Yards	Played	Pct
2014	Philadelphia	16/0	15	8	7	0	0.5	0	0	--	0	0	0	0	0	195	17%
2015	Philadelphia	16/2	31	19	12	1	0.0	0	0	--	0	1	0	0	343	28%	
2016	Philadelphia	16/3	32	19	13	4	0.5	0	0	--	0	0	0	1	412	40%	
<b>Totals</b>		<b>48/5</b>	<b>78</b>	<b>46</b>	<b>32</b>	<b>5</b>	<b>1.0</b>	<b>0</b>	<b>0</b>	<b>--</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>---</b>	<b>---</b>	

- Began playing football in 7th grade as a two-way lineman and tight end for the Minnetonka Skippers
- Was a four-time Outstanding Academic Achievement Award honoree for football
- Grew up a fan of the Green Bay Packers, Brett Favre, Mike Modano, Tiger Woods and Mike Alstott
- Hobbies include fishing, water sports, reading and playing video games
- His first job was at a pizza and pasta restaurant in Minnesota named Detello's. "It was a place right by my house. It's a mom-and-pop shop that we went to all the time growing up, so I worked there. Every time I go home, I go back there"
- Majored in management in college
- Twitter: @Beau\_Allen; Instagram: beau\_allen

## 2016 HIGHLIGHTS

- Posted a half-sack of Joe Flacco at Bal. (12/18)
- Started in place of Bennie Logan vs. Min. (10/23) and recorded three tackles, two QB pressures, and his first career fumble recovery
- Played 17 snaps as a DT and four as a FB vs. Cle. (9/11) and served as a lead blocker on a 1-yd. TD run by Ryan Mathews

## NOSE FOR THE BALL AND A GUITAR

Allen played bass guitar from 7th through 9th grade for a band called THE UNZIPPED. Recalled Allen, "We were the undisputed winners of our 8th grade talent show at Minnetonka Middle School. We played classic rock like Led Zeppelin and Van Halen."



## TRADITION ... ALL SEVEN LAYERS OF IT



Allen is really proud of his family tradition of having a seven-layer jello at every holiday meal. "I can't even describe how big a deal this is in our family. My mother makes it and we don't even wait for dessert to eat it. It's an appetizer."

## 2016 GAME-BY-GAME STATISTICS

Date	Opp	W/L	GP/GS	S	A	TT	Sac	Hur	KD	FF	FR	Snaps	Pct
Sep 11	Cle	W	1/0	0	1	1	0.0	0	0	0	0	17	33%
Sep 19	at Chi	W	1/0	2	0	2	0.0	0	0	0	0	11	21%
Sep 25	Pit	W	1/0	0	0	0	0.0	0	0	0	0	17	28%
Oct 9	at Det	L	1/0	0	1	1	0.0	0	0	0	0	8	13%
Oct 16	at Was	L	1/0	2	1	3	0.0	0	0	0	0	43	58%
Oct 23	Min	W	1/1	2	1	3	0.0	3	0	0	1	51	67%
Oct 30	at Dal	L	1/1	1	0	1	0.0	0	0	0	0	54	69%
Nov 6	at NYG	L	1/1	3	2	5	0.0	0	0	0	0	49	77%
Nov 13	Atl	W	1/0	0	0	0	0.0	0	0	0	0	9	18%
Nov 20	at Sea	L	1/0	0	1	1	0.0	1	0	0	0	24	36%
Nov 28	GB	L	1/0	1	1	2	0.0	0	0	0	0	25	35%
Dec 4	at Cin	L	1/0	0	2	2	0.0	0	0	0	0	22	34%
Dec 11	Was	L	1/0	1	1	2	0.0	0	0	0	0	15	31%
Dec 18	at Bal	L	1/0	3	1	4	0.5	1	0	0	0	22	38%
Dec 22	NYG	W	1/0	2	1	3	0.0	2	0	0	0	29	33%
Jan 1	Dal	W	1/0	2	0	2	0.0	0	0	0	0	16	29%
<b>Totals</b>			<b>16/3</b>	<b>19</b>	<b>13</b>	<b>32</b>	<b>0.5</b>	<b>7</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>412</b>	<b>40%</b>

## 2015 GAME-BY-GAME STATISTICS

Date	Opp	W/L	GP/GS	S	A	TT	Sac	Hur	KD	FF	FR	Snaps	Pct
Sep 14	at Atl	L	1/0	2	0	2	0.0	0	0	0	0	12	16%
Sep 20	Dal	L	1/0	0	2	2	0.0	0	0	0	0	19	22%
Sep 27	at NYJ	W	1/0	0	1	1	0.0	0	0	0	0	28	35%
Oct 4	at Was	L	1/0	3	3	6	0.0	0	1	0	0	54	64%
Oct 11	NO	W	1/0	1	0	1	0.0	0	0	0	0	21	30%
Oct 19	NYG	W	1/0	1	0	1	0.0	0	0	0	0	11	16%
Oct 25	at Car	L	1/0	0	0	0	0.0	0	0	0	0	15	25%
Nov 8	at Dal	W	1/0	1	1	2	0.0	0	0	0	0	9	12%
Nov 15	Mia	L	1/0	0	0	0	0.0	0	0	0	0	8	12%
Nov 22	TB	L	1/0	0	0	0	0.0	0	0	0	0	16	21%
Nov 26	at Det	L	1/0	1	1	2	0.0	0	0	0	0	21	29%
Dec 6	at NE	W	1/0	1	0	1	0.0	2	0	0	0	15	17%
Dec 13	Buf	W	1/0	1	0	1	0.0	0	0	0	0	18	24%
Dec 20	Ari	L	1/0	1	1	2	0.0	0	0	0	0	19	25%
Dec 26	Was	L	1/1	3	1	4	0.0	0	0	0	0	38	51%
Jan 3	at NYG	W	1/1	4	2	6	0.0	0	0	0	0	39	46%
<b>Totals</b>			<b>16/2</b>	<b>19</b>	<b>12</b>	<b>31</b>	<b>0.0</b>	<b>2</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>343</b>	<b>28%</b>

## CAREER HIGHS

<b>Tackles</b>	6	[2x - 1/3/16 at NYG]
<b>Sacks</b>	0.5	[11/2/14 at Hou.]



### 2015 HIGHLIGHTS

- Registered a career-high 6 tackles at Was. (10/4) and at NYG (1/3)

### 2014 HIGHLIGHTS

- Posted 15 tackles during his rookie season while playing 17% of the defensive snaps
- Notched the first sack of his career, helping bring down Ryan Fitzpatrick in a win at Hou. (11/2)

### COLLEGE HIGHLIGHTS

- Set a school record with 54 games played, having never missed a contest in his college career. A three-time Academic All-Big Ten selection (2011-13) and consensus All-Big Ten honorable mention choice (2012-13)
- A four-year letterwinner, rounded out his Wisconsin career with 94 tackles (15 TFLs), eight sacks, two blocked kicks and a fumble recovery for a TD after a blocked punt as a senior
- Started all 13 games as a senior in 2013, registering 20 tackles (two TFLs), 1.5 sacks and a FR
- As a junior in 2012, ranked second on the team with 7.5 TFLs, while also tallying 37 tackles, 2.5 sacks and a forced fumble in all 14 starts
- Finished second on the team with four sacks as a sophomore in 2011, in addition to 22 tackles (5.5 TFLs) in 14 games played
- Saw action in all 13 games as a freshman in 2010, collecting 15 tackles

### TRANSACTIONS

2014 Drafted by PHI in 7th round ... signed 4-year contract

### 2014 GAME-BY-GAME STATISTICS

Date	Opp	W/L	GP/GS	S	A	TT	Sac	Hur	KD	FF	FR	Snaps	Pct
Sep 7	Jax	W	1/0	1	0	1	0.0	0	0	0	0	19	26%
Sep 15	at Ind	W	1/0	0	0	0	0.0	0	0	0	0	10	14%
Sep 21	Was	W	1/0	2	0	2	0.0	0	0	0	0	13	24%
Sep 28	at SF	L	1/0	2	0	2	0.0	0	0	0	0	13	16%
Oct 5	StL	W	1/0	0	0	0	0.0	1	0	0	0	14	19%
Oct 12	NYG	W	1/0	0	1	1	0.0	0	0	0	0	19	30%
Oct 26	at Ari	L	1/0	0	0	0	0.0	0	0	0	0	9	13%
Nov 2	at Hou	W	1/0	0	1	1	0.5	0	0	0	0	8	13%
Nov 10	Car	W	1/0	1	1	2	0.0	0	0	0	0	20	24%
Nov 16	at GB	L	1/0	2	1	3	0.0	0	0	0	0	16	24%
Nov 23	Ten	W	1/0	0	0	0	0.0	0	0	0	0	20	29%
Nov 27	at Dal	W	1/0	0	1	1	0.0	0	0	0	0	7	11%
Dec 7	Sea	L	1/0	0	1	1	0.0	0	0	0	0	13	15%
Dec 14	Dal	L	1/0	0	0	0	0.0	0	0	0	0	5	6%
Dec 20	at Was	L	1/0	0	1	1	0.0	0	0	0	0	2	4%
Dec 28	at NYG	W	1/0	0	0	0	0.0	0	0	0	0	7	9%
<b>Totals</b>			<b>16/0</b>	<b>8</b>	<b>7</b>	<b>15</b>	<b>0.5</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>195</b>	<b>17%</b>