

# MIKE GROH

## WIDE RECEIVERS

6TH YEAR IN NFL / 1ST IN PHILADELPHIA

COLLEGE: VIRGINIA



Mike Groh joined the Eagles as the team's wide receivers coach during the 2017 offseason. Prior to his arrival in Philadelphia, he served as the passing game coordinator/wide receivers coach for the Los Angeles Rams in 2016.

As a member of the Rams coaching staff, Groh's expertise helped eight-year veteran Kenny Britt secure his first-career 1,000-yard receiving season, becoming the first Rams wideout to accomplish the feat since 2007.

Serving as the wide receivers coach for the Chicago Bears from 2013-15, Groh oversaw a position group that featured two Pro Bowl players (Alshon Jeffery, Brandon Marshall) and produced three 1,000-yard receiving seasons (Jeffery twice, Marshall once).

Jeffery, who was named to the Pro Bowl in just his second NFL season, reached the 1,000-yard plateau in both 2013 (1,421) and 2014 (1,133). Under Groh's tutelage, Jeffery placed ninth in the NFL in receiving yards (3,361) over the three-year stretch that he was on the coaching staff. In his first season with Groh, Jeffery set the franchise record for receiving yards in a game on two separate occasions (218 yards vs. NO 10/6/13; 249 yards at Min. 12/1/13). As a result of his two standout performances, Jeffery became the only player in Bears history to amass multiple 200-yard receiving games, in addition to becoming the eighth player in NFL history to have two 200-yard receiving games in the same season. Jeffery immediately saw a significant spike in his receiving numbers after Groh joined the staff (24-367-3 in 2012; 89-1,421-7 in 2013).

Marshall also benefited under Groh's guidance, as he followed Jeffery to the Pro Bowl in 2013 after posting 100 receptions for 1,295 receiving yards and 12 TDs, the second-highest total of his career.

Collectively, the Bears offense thrived with Groh on staff. In 2013, the team set franchise marks in gross passing yards (4,450), net passing yards (4,281), passer rating (96.9), first downs (344) and passing first downs (215), while the team's 445 points were the second-most in club history. The team's 4,035 gross passing yards in 2014 and 3,843 gross passing yards in 2015 were the third and fourth highest passing marks in team history, respectively.

As the wide receivers coach and recruiting coordinator for the University of Alabama from 2011-12, Groh was part of a program that won back-to-back national championships. In his first stint with the Crimson Tide in 2009, Groh was the offensive graduate assistant for a program that won its first national title under head coach Nick Saban. In between his two posts with Alabama, Groh was the quarterbacks coach for the University of Louisville in 2010.

### GROH'S COACHING TIMELINE

2000	New York Jets	Offensive Asst./Quality Control
2001-02	Virginia	Wide Receivers
2003-04	Virginia	Wide Receivers/Quarterbacks
2005	Virginia	WRs/QBs/Recruiting Coord.
2006-08	Virginia	Offensive Coordinator
2009	Alabama	Off. Graduate Assistant
2010	Louisville	Quarterbacks
2011-12	Alabama	WRs/Recruiting Coord.
2013-15	Chicago Bears	Wide Receivers
2016	Los Angeles Rams	Passing Game Coord./WRs
<b>2017-</b>	<b>Philadelphia Eagles</b>	<b>Wide Receivers</b>

Groh began his collegiate coaching career at the University of Virginia, his alma mater, where he coached from 2001-08. He spent the final three seasons as the program's offensive coordinator (2006-08), following a season in which he worked with the wide receivers, quarterbacks and as the recruiting coordinator in 2005. He oversaw the wide receivers and quarterbacks from 2003-04 and the wide receivers from 2001-02.

The son of Al Groh, a former New York Jets head coach and longtime NFL assistant, he got his start on his father's staff in 2000, when he was the offensive assistant/quality control coach for the Jets.

Groh earned his degree in rhetoric and communication studies from Virginia in 1995. He became the only quarterback in school history to lead the team to nine wins and a bowl victory in consecutive seasons (1994-95).

Following his collegiate playing career, he spent time with the Baltimore Ravens during training camp in 1996 and later played in the World League for the Rhein Fire in 1997.