



**6-0 | 230**  **6th Year**  
**DOB: May 1, 1990 (Age 28)**



**Wilmington,  
Delaware**

**Concord  
High School**



**Delaware**

**UDFA ('13) by Atlanta  
Acquired: FA-Det-18**



Paul WorriLOW signed with the Eagles during the 2018 offseason after spending the first five years of his NFL career with Atlanta (2013-16) and Detroit (2017). He sustained a knee injury during the offseason program and was placed on IR in June 2018. In 72 career regular-season games (52 starts), WorriLOW has recorded 412 tackles, 11 PDs, 4.0 sacks, 3 FFs, 2 FRs and 2 INTs. The Wilmington native was a four-year starter at the University of Delaware.

## MOST TACKLES NFL PLAYERS IN 2014

Luke Kuechly (Car.)	153
DeAndre Levy (Det.)	151
Lavonte David (TB)	146
Curtis Lofton (NO)	144
Paul WorriLOW (Atl.)	142
D'Qwell Jackson (Ind.)	138
Lawrence Timmons (Pit.)	132

*(total tackles according to Stats LLC)*

**WorriLOW tied for the 4th-most tackles (269) in the NFL from 2013-14 with Atlanta, including a career-high 142 tackles during the 2014 season.**

## BIRDSEED

WorriLOW played linebacker, running back and offensive guard at Concordia (DE) High School. He was named state Defensive Player of the Year as a senior and led Concord to the 2006 state Division II title and a berth in the state semifinals in 2005 and 2007.

WorriLOW was a nominee for the Allstate AFCA Good Works team for outstanding community service.

WorriLOW majored in history education at Delaware.

**In 2013, WorriLOW became the first undrafted rookie in Falcons history to lead the team in tackles (127).**

## CAREER HIGHLIGHTS

### 2017 - DETROIT LIONS (13/8)

- Posted 30 tackles (20 solo), including 1 TFL, while adding 1 PD and 1 special teams fumble recovery in his only season with Detroit

### 2016 - ATLANTA FALCONS (12/1, 3/0)

- Finished the regular season with 18 tackles (12 solo), including 1 TFL, along with 2 PDs and 1 FR on defense. Also posted 3 special teams stops and 1 special teams fumble recovery

### 2015 - ATLANTA FALCONS (15/15)

- Produced a team-high 95 tackles (67 solo), including 5 TFL, and totaled 3 PDs, 2 INTs, 1 FF and 1 FR



## CAREER STATISTICS

Year	Team	GP/S	TACKLES					PASS DEFENSE						FUMBLES			DEF SNAPS	
			Total	Solo	Asst	TFL	Sacks	Int	Yds	Lg	TD	PD	QPH	FF	FR	Yds	No	Pct
2013	Atlanta	16/12	127	79	48	4	2.0	0	0	--	0	1	3	0	0	0	771	74%
2014	Atlanta	16/16	142	84	58	4	2.0	0	0	--	0	3	9	2	0	0	1079	99%
2015	Atlanta	15/15	95	67	28	5	0.0	2	22	11	0	4	4	1	1	0	872	83%
2016	Atlanta	12/1	18	12	6	1	0.0	0	0	--	0	2	1	0	1	0	162	15%
2017	Detroit	13/8	30	20	10	1	0.0	0	0	--	0	1	1	0	0	0	274	25%
<b>Totals</b>		<b>72/52</b>	<b>412</b>	<b>262</b>	<b>150</b>	<b>15</b>	<b>4.0</b>	<b>2</b>	<b>22</b>	<b>11</b>	<b>0</b>	<b>11</b>	<b>18</b>	<b>3</b>	<b>2</b>	<b>0</b>	<b>---</b>	<b>---</b>

## PLAYOFFS

2016	Atlanta	3/0	2	2	0	0	0.0	0	0	--	0	0	0	0	0	0	4	2%
<b>Totals</b>		<b>3/0</b>	<b>2</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>--</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>---</b>	<b>---</b>

## ADDITIONAL STATISTICS

**Special Teams Tackles:** 3 - 2016 (3) **Postseason Special Teams Tackles:** 1 - 2016 (1) **Special Teams Fumble Recoveries:** 2 - 2017 (1); 2016 (1)



## CAREER HIGHLIGHTS (Continued)

- Posted 6 tackles (4 solo) with 1 INT and 1 FR vs. Ind. (11/22/15). Picked off QB **Matt Hasselbeck**'s first pass attempt of the game and recovered a fumble on the Colts' second offensive drive
- Notched his first career INT at Ten. (10/25/15). Picked off QB **Zach Mettenberger** at the Falcons 4-yard line to keep the Titans off the scoreboard at the end of the first half. Finished the game with 5 tackles and 2 PDs

### 2014 - ATLANTA FALCONS (16/16)

- Ranked 5th in the NFL with a career-high 142 tackles (84 solo), trailing only **Luke Kuechly** (153), **DeAndre Levy** (151), **Lavonte David** (146) and **Curtis Lofton** (144). Recorded a team-high 8 games with double-digit tackles
- Totaled career highs in sacks (2.0, tied with 2013), FFs (2) and defensive snaps (1,079, 99%)

### 2013 - ATLANTA FALCONS (16/12)

- Led the Falcons with 127 tackles (79 solo), becoming the first undrafted rookie in franchise history to lead the team in tackles. Joined **Rick Bryan** (1984), **Buddy Curry** (1980) and **Tommy Nobis** (1966) as the only Falcons rookies to accomplish the feat

## CAREER HIGHS

<b>Tackles</b>	19	2x, last: 11/10/13 vs. Sea.
<b>Sacks</b>	1.0	4x, last: 11/16/14 at Car.
<b>INTs</b>	1	2x, last: 11/22/15 vs. Ind.
<b>PDs</b>	2	2x, last: 12/18/16 vs. SF
<b>FFs</b>	1	3x, last: 12/6/15 at TB
<b>FRs</b>	1	2x, last: 11/3/16 at TB

## BE THE MATCH

When WorriLOW was in college at the University of Delaware, the football team participated in a community service project started by Blue Hens head coach K.C. Keeler to get people to sign up for the "Be The Match" bone marrow donation registry. "Be The Match" consists of nearly 16 million members and about 1 in every 430 potential donors in the United States go on to both become a match and donate to a patient. WorriLOW, who joined the registry in 2011, received a call several months later informing him that he was an ideal match for a 23-year-old woman battling leukemia. WorriLOW never second-guessed the decision to donate and was committed to the process. He now promotes awareness of bone marrow donations and is still on the registry as he is more than willing to go through the procedure again.



## 2017 GAME-BY-GAME STATISTICS (DET)

Date	Opp	GP/S	Tot	Solo	Sk	Int	PD	FF	FR	Snaps	Pct		
Sep 10	Ari	W	1/0	0	0	0.0	0	1	0	0	12	16%	
Sep 18	at NYG	W	1/0	2	2	0.0	0	0	0	0	12	21%	
Sep 24	Atl	L	1/1	4	4	0.0	0	0	0	0	42	62%	
Oct 1	at Min	W	1/1	0	0	0.0	0	0	0	0	1	2%	
Oct 8	Car	L	0/0	INACTIVE (KNEE)									
Oct 15	at NO	L	0/0	INACTIVE (KNEE)									
Oct 29	Pit	L	0/0	INACTIVE (KNEE)									
Nov 6	at GB	W	1/0	0	0	0.0	0	0	0	0	0	0%	
Nov 12	Cle	W	1/1	6	3	0.0	0	0	0	0	29	36%	
Nov 19	at Chi	W	1/0	2	2	0.0	0	0	0	0	25	40%	
Nov 23	Min	L	1/1	6	5	0.0	0	0	0	0	35	47%	
Dec 3	at Bal	L	1/1	2	2	0.0	0	0	0	0	34	53%	
Dec 10	at TB	W	1/1	3	0	0.0	0	0	0	0	27	38%	
Dec 16	Chi	W	1/1	1	1	0.0	0	0	0	0	19	28%	
Dec 24	at Cin	L	1/0	3	0	0.0	0	0	0	0	24	29%	
Dec 31	GB	W	1/1	1	1	0.0	0	0	0	0	14	21%	
<b>Totals</b>			<b>13/8</b>	<b>30</b>	<b>20</b>	<b>0.0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>274</b>	<b>25%</b>	

## 2016 GAME-BY-GAME STATISTICS (ATL)

Date	Opp	GP/S	Tot	Solo	Sk	Int	PD	FF	FR	Snaps	Pct		
Sep 11	TB	L	1/0	0	0	0.0	0	0	0	0	8	13%	
Sep 18	at Oak	W	1/0	0	0	0.0	0	0	0	0	1	1%	
Sep 26	at NO	W	0/0	INACTIVE (GROIN)									
Oct 2	Car	W	0/0	INACTIVE (GROIN)									
Oct 9	at Den	W	0/0	INACTIVE (GROIN)									
Oct 16	at Sea	L	0/0	INACTIVE (GROIN)									
Oct 23	SD	L	1/0	0	0	0.0	0	0	0	0	0	0%	
Oct 30	GB	W	1/0	0	0	0.0	0	0	0	0	0	0%	
Nov 3	at TB	W	1/0	0	0	0.0	0	0	0	1	2	3%	
Nov 13	at Phi	L	1/0	2	2	0.0	0	0	0	0	26	33%	
Nov 27	Ari	W	1/0	0	0	0.0	0	0	0	0	0	0%	
Dec 4	KC	L	1/0	0	0	0.0	0	0	0	0	0	0%	
Dec 11	at LAR	W	1/0	4	2	0.0	0	0	0	0	24	33%	
Dec 18	SF	W	1/0	3	1	0.0	0	2	0	0	36	66%	
Dec 24	at Car	W	1/1	4	2	0.0	0	0	0	0	51	74%	
Jan 1	NO	W	1/0	5	5	0.0	0	0	0	0	14	18%	
<b>Totals</b>			<b>12/1</b>	<b>18</b>	<b>12</b>	<b>0.0</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>1</b>	<b>162</b>	<b>15%</b>	

## PLAYOFFS

Jan 14	Sea	W	1/0	0	0	0.0	0	0	0	0	0	0%
Jan 22	GB	W	1/0	2	2	0.0	0	0	0	0	4	6%
Feb 5	NE	L	1/0	0	0	0.0	0	0	0	0	0	0%
<b>Totals</b>			<b>3/0</b>	<b>2</b>	<b>2</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>4</b>	<b>2%</b>

## 2015 GAME-BY-GAME STATISTICS (ATL)

Date	Opp	GP/S	Tot	Solo	Sk	Int	PD	FF	FR	Snaps	Pct		
Sep 14	Phi	W	1/1	12	9	0.0	0	0	0	0	73	100%	
Sep 20	at NYG	W	1/1	3	2	0.0	0	0	0	0	54	76%	
Sep 27	at Dal	W	1/1	5	5	0.0	0	0	0	0	53	100%	
Oct 4	Hou	W	1/1	4	3	0.0	0	0	0	0	45	58%	
Oct 11	Was	W	1/1	8	8	0.0	0	0	0	0	61	100%	
Oct 15	at NO	L	1/1	9	7	0.0	0	0	0	0	72	100%	
Oct 25	at Ten	W	1/1	5	1	0.0	1	2	0	0	41	76%	
Nov 1	TB	L	1/1	5	2	0.0	0	0	0	0	67	96%	
Nov 8	at SF	L	1/1	5	5	0.0	0	0	0	0	66	100%	
Nov 22	Ind	L	1/1	6	4	0.0	1	1	0	1	58	92%	
Nov 29	Min	L	1/1	7	5	0.0	0	0	0	0	67	96%	
Dec 6	at TB	L	1/1	9	6	0.0	0	0	1	0	70	99%	
Dec 13	at Car	L	1/1	8	4	0.0	0	0	0	0	63	97%	
Dec 20	at Jax	W	0/0	INACTIVE (KNEE)									
Dec 27	Car	W	1/1	1	1	0.0	0	0	0	0	18	35%	
Jan 3	NO	L	1/1	8	5	0.0	0	1	0	0	64	94%	
<b>Totals</b>			<b>15/15</b>	<b>95</b>	<b>67</b>	<b>0.0</b>	<b>2</b>	<b>4</b>	<b>1</b>	<b>1</b>	<b>872</b>	<b>83%</b>	



## CAREER HIGHLIGHTS (Continued)

- Posted 19 tackles in back-to-back games at Car. (11/3/13) and vs. Sea. (11/10/13). His 19-tackle performances tied for the best single-game total by any Falcon since 1994

## COLLEGE HIGHLIGHTS

- Was a four-year starter at linebacker for the University of Delaware. Led the Blue Hens with 107 tackles (57 solo) in 2012 while adding 9 FTL and 3.0 sacks

## TRANSACTIONS

- 2013** Signed by ATL as undrafted free agent
- 3/16/16** Signed by ATL to 1-year tender
- 3/9/17** Signed by DET to 1-year contract
- 4/3/18** Agreed to terms with PHI on 1-year contract
- 6/13/18** Placed on Injured Reserve (knee)



## 2014 GAME-BY-GAME STATISTICS (ATL)

Date	Opp	GP/S	Tot	Solo	Sk	Int	PD	FF	FR	Snaps	Pct
Sep 7	NO	W	1/1	15	7	0.0	0	0	0	75	100%
Sep 14	at Cin	L	1/1	14	6	0.0	0	0	0	71	100%
Sep 18	TB	W	1/1	6	5	0.0	0	0	1	57	95%
Sep 28	at Min	L	1/1	9	5	0.0	0	0	0	76	100%
Oct 5	at NYG	L	1/1	14	9	0.0	0	0	0	68	100%
Oct 12	Chi	L	1/1	6	5	0.0	0	0	0	73	100%
Oct 19	at Bal	L	1/1	10	3	1.0	0	0	0	67	100%
Oct 26	Det	L	1/1	4	4	0.0	0	0	1	75	100%
Nov 9	at TB	W	1/1	10	8	0.0	0	0	0	72	100%
Nov 16	at Car	W	1/1	9	6	1.0	0	0	0	66	100%
Nov 23	Cle	L	1/1	6	5	0.0	0	0	0	75	100%
Nov 30	Ari	W	1/1	8	4	0.0	0	0	0	55	100%
Dec 8	at GB	L	1/1	5	3	0.0	0	1	0	68	100%
Dec 14	Pit	L	1/1	11	6	0.0	0	1	0	59	100%
Dec 21	at NO	W	1/1	9	5	0.0	0	1	0	69	99%
Dec 28	Car	L	1/1	6	3	0.0	0	0	0	53	100%
<b>Totals</b>			<b>16/16</b>	<b>142</b>	<b>84</b>	<b>2.0</b>	<b>0</b>	<b>3</b>	<b>2</b>	<b>1079</b>	<b>99%</b>

## 2013 GAME-BY-GAME STATISTICS (ATL)

Date	Opp	GP/S	Tot	Solo	Sk	Int	PD	FF	FR	Snaps	Pct
Sep 8	at NO	L	1/0	0	0	0.0	0	0	0	0	0%
Sep 15	StL	W	1/0	0	0	0.0	0	0	0	0	0%
Sep 22	at Mia	L	1/0	1	1	0.0	0	0	0	18	32%
Sep 29	NE	L	1/1	0	0	0.0	0	0	0	12	18%
Oct 7	NYJ	L	1/0	6	3	0.0	0	0	0	28	61%
Oct 20	TB	W	1/1	4	2	0.0	0	0	0	78	94%
Oct 27	at Ari	L	1/1	6	6	0.0	0	0	0	49	91%
Nov 3	at Car	L	1/1	19	9	0.0	0	0	0	75	100%
Nov 10	Sea	L	1/1	19	10	0.0	0	0	0	69	100%
Nov 17	at TB	L	1/1	16	13	0.0	0	0	0	68	100%
Nov 21	NO	L	1/1	9	5	0.0	0	0	0	57	95%
Dec 1	at Buf	W	1/1	9	6	0.0	0	0	0	64	100%
Dec 8	at GB	L	1/1	11	7	1.0	0	1	0	71	100%
Dec 15	Was	W	1/1	9	4	0.0	0	0	0	67	99%
Dec 23	at SF	L	1/1	5	5	0.0	0	0	0	57	100%
Dec 29	Car	L	1/1	13	8	1.0	0	0	0	58	100%
<b>Totals</b>			<b>16/12</b>	<b>127</b>	<b>79</b>	<b>2.0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>771</b>	<b>74%</b>