



6-3 | 305  **8th Year**
DOB: March 22, 1989 (Age 29)

**Pittsburgh,
Pennsylvania**



**Central Catholic
High School**



Penn State
D2-11 (48th overall)
by Oakland
Acquired: FA-Jax-16

THREE STEP DROP

Biggest influence: His father, Leo, who also played at Penn State and was selected by the Baltimore Colts in the 1982 NFL Draft

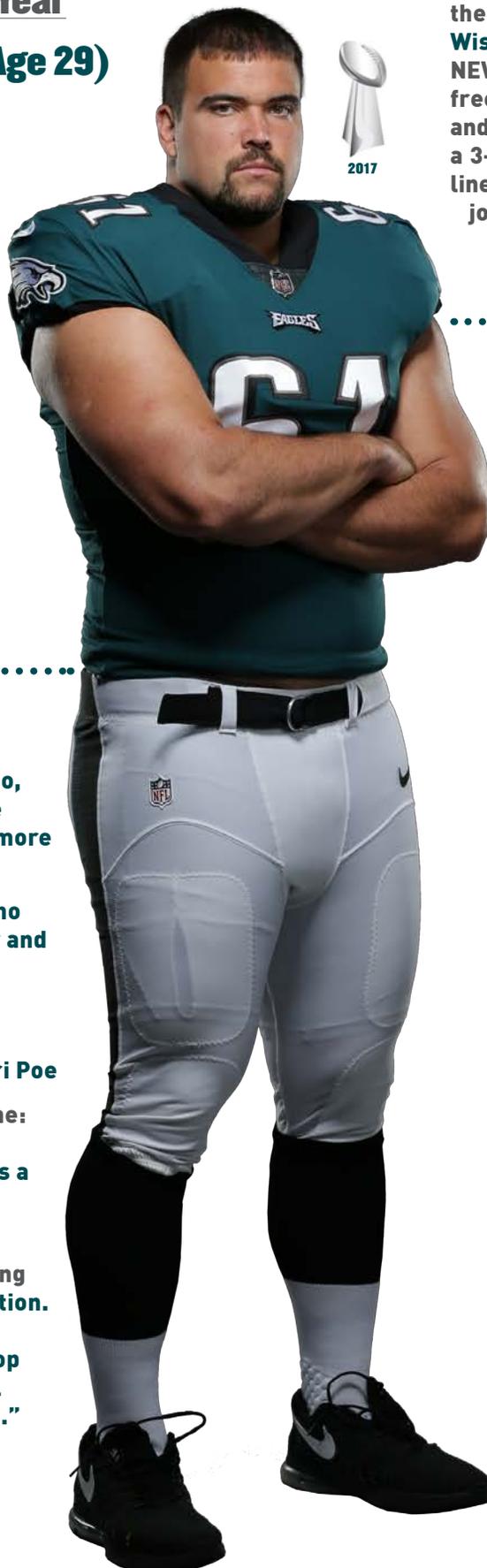
First jersey: His uncle, Steve, who was an eight-time Pro Bowler and two-time All-Pro selection at guard with the L.A. Rams and Oakland Raiders (1989-2001)

Best player he has faced: Dontari Poe

Best part of playing offensive line: "It's the strongest community and it's a genuine unit. There's a real camaraderie on the offensive line."

Most challenging aspect of playing o-line: "It's an unnatural position. When you pass block, you're moving backward trying to stop someone coming at you at full force. It takes a lot of training."

**Position he'd like to play:
Defensive end**



Originally a 2nd-round draft choice of the Oakland Raiders in 2011, **Stefen Wisniewski** (pronounced STEF-in wiz-NEW-skee) signed with the Eagles as a free agent during the 2016 offseason and re-signed with the club in 2017 on a 3-year deal. The versatile Penn State lineman earned the starting left guard job during the 2017 season to help solidify Philadelphia's **Super Bowl LII**-winning offensive line.

CAREER HIGHLIGHTS

- Has played in 122 regular-season games with 100 starts during his eight-year career. Versatility has allowed him to start 38 games at LG and 62 games at C
- Earned the starting left guard job during the 2017 season to help solidify the Eagles' **Super Bowl LII**-winning offensive line. Helped the team rank 3rd in the NFL in offensive points (414, tied) and rushing offense (132.2), and 7th in total offense (365.8)
- Proved to be a key reserve on the Eagles offensive line in his first season with the club in 2016. Played in all 16 games and made 6 starts at LG. Made his first start of the season at LG at NYG (11/6/16), marking the first time he started a game at the guard position since his rookie year in 2011
- In 2015, started all 16 games at center for the Jacksonville Jaguars and helped protect second-year QB **Blake Bortles**, who set career highs in completions (355), passing yards (4,428) and TD passes (35)
- Despite suffering a torn labrum in 2014, battled through the injury to start all 16 games at center for the Raiders and allowed just 1.5 sacks on the season. Protected Raiders QB **Derek Carr** as the rookie posted the 2nd-most completions (348) and the 5th-most passing touchdowns (21) by a rookie in NFL history



CAREER STATISTICS

Year	Team	GP/S	STARTS		OFF SNAPS	
			LG	C	No	Pct
2011	Oakland	16/16	15	1	N/A	N/A
2012	Oakland	15/15	0	15	1008	93%
2013	Oakland	14/14	0	14	904	87%
2014	Oakland	16/16	0	16	1013	98%
2015	Jacksonville	16/16	0	16	1058	100%
2016	Philadelphia	16/6	6	0	607	54%
2017	Philadelphia	14/11	11	0	696	62%
2018	Philadelphia	16/7	7	0	643	59%
Totals		123/101	39	62	---	---

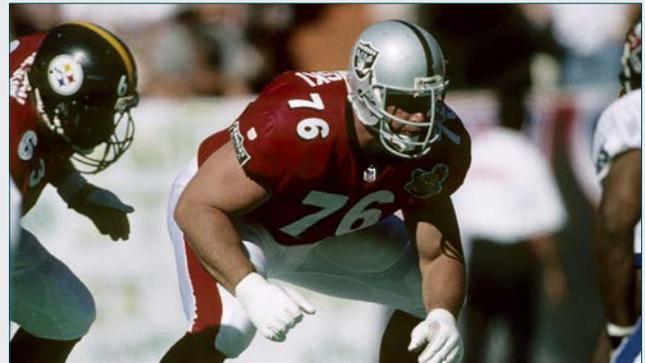
PLAYOFFS						
2017	Philadelphia	3/3	3	0	202	98%
2018	Philadelphia	2/0	0	0	37	31%
Totals		5/3	3	0	---	---

CAREER HIGHLIGHTS (Continued)

- After playing left guard as a rookie, made the transition to center during the 2012 offseason and started 15 games at the position for the Raiders after missing the season opener with a calf injury
- Started all 16 games at left guard for Oakland as a rookie and was named to the *Pro Football Weekly* All-Rookie Team. Was a part of an offensive line that surrendered a single-season franchise-low 25 sacks, marking the third-lowest total in the league

COLLEGE HIGHLIGHTS

- Earned four letters for the Penn State Nittany Lions and became the first student-athlete in school history to be named an ESPN Academic All-American three times (2008-2010). Appeared in 46 games with 39 starts
- Started all 13 games at right guard as a senior in 2010 and was named a first-team All-American
- Made the switch from guard to center for the 2009 season and started every game for the Nittany Lions, playing 905 snaps and earning first-team All-Big Ten recognition from the coaches and media. Also earned third-team All-American honors from *Collegefootballnews.com*



FOOTBALL IS FAMILY

Stefen's father, Leo Wisniewski (pictured left), was selected by the Baltimore Colts with the 1st pick in the 2nd round of the 1982 NFL Draft (28th overall) and played NT in the league for three seasons (1982-1984). Leo played in 36 games for the Colts and compiled 14.5 sacks, including a career-high 7 in 1984, the first year the Colts played in Indianapolis. Like Stefen, Leo played collegiately at Penn State where he earned three letters and served as a team captain as a senior in 1981.

The NFL ties do not stop with Stefen's father, as his uncle, Steve Wisniewski (pictured right), was an eight-time Pro Bowler and two-time first-team all-pro as a guard for the Raiders from 1989-1991. Seven years after his older brother Leo was selected with the 1st pick of the 2nd round, Steve also became the 1st pick of the 2nd round (29th overall) when he was selected by the Dallas Cowboys in the 1989 NFL Draft. Cowboys rookie head coach Jimmy Johnson immediately traded Steve to the Raiders in exchange for 2nd-round, 3rd-round and 5th-round selections, one of which (2nd round, 39th overall) he used to select current FOX analyst and former FB Daryl Johnston. Like brother Leo and nephew Stefen, Steve played collegiately at Penn State. Steve is pictured above playing in the 1998 Pro Bowl.





HOME RUN DERBY CHAMPION

Wisniewski muscled his way to become champion of the home run derby at the inaugural **Carson Wentz A01 Foundation Softball Game** in June 2018. Wisniewski launched 9 HRs to take home the trophy, entertaining a crowd of 25,000 fans with several deep balls landing over the left field wall at Citizens Bank Park.

PENNSYLVANIA ROOTS

After signing with the Eagles in the 2016 offseason, Wisniewski returned to his home state of Pennsylvania, where he spent the majority of his early football career. A native of Pittsburgh, PA, he was a two-time 1st-team all-state selection at Central Catholic (PA) High School. Wisniewski went on to play collegiately at Penn State, where he earned four letters for the Nittany Lions and was named first-team All-American as a senior in 2010.

BIRDSEED

A native of Pittsburgh, PA, Wisniewski played for coach Terry Trotten at Central Catholic (PA) High School, where he was a two-time first-team all-state selection. In addition to playing football, Wisniewski also lettered on the school's wrestling team and was a member of the National Honor Society. Wisniewski compiled a perfect 4.0 GPA twice at Penn State. He is the son of Leo and Cindy Wisniewski, and has one sister, Sarah.

COLLEGE HIGHLIGHTS (Continued)

- Played in eight games with one start at right guard as a true freshman in 2007 and became the first true freshman to start a game on the Penn State offensive line since 1999. Was just one of two true freshmen to see action during the season and was named to *The Sporting News* Freshman All-Big Ten team

TRANSACTIONS

2011	Drafted by OAK in 2nd round (48th overall) <i>Signed 4-year contract</i>
4/19/15	Signed by JAX to a 1-year contract
4/4/16	Signed by PHI to a 1-year contract
3/10/17	Agreed to terms with PHI on a 3-year contract