



6-2 | 225  **2nd Year**
DOB: Oct. 29, 1996 (Age 22)

**Warrington,
 Pennsylvania**

**Central Bucks
 South High
 School**



Notre Dame
 UDFA ('18) by Philadelphia



Josh Adams was originally signed by the Eagles as an undrafted free agent in 2018. In his debut season, Adams rushed for the most yards (511) ever by an Eagles undrafted rookie. A native of Warrington, PA, Adams played collegiately at Notre Dame, where he recorded the highest rushing average (6.7) in Fighting Irish career history and finished with the 5th-most rushing yards (3,201) in school history.

MOST RUSHING YARDS EAGLES ALL-TIME ROOKIE HISTORY

LeSean McCoy (2009)	637
Correll Buckhalter (2001)	586
Keith Byars (1986)	577
Po James (1972)	565
Bryce Brown (2012)	564
Mike Hogan (1976)	561
Billy Ray Barnes (1957)	529
Josh Adams* (2018)	511

** undrafted rookie*

EAGLES PLAYERS IN 2018

Josh Adams	511
Wendell Smallwood	364
Corey Clement	259
Jay Ajayi	184
Darren Sproles	120

BIRDSEED

Adams prepped at Central Bucks South (PA) HS, where he was an all-state honoree at running back. In 2012, he rushed for 2,085 yards and 28 TDs and led C.B. South to a 10-2 record and the Pennsylvania District 1 Class AAA quarterfinals. He majored in psychology at Notre Dame.

 @docteradams_from_uptown

THREE-STEP DROP

Nickname: Dr. Adams

Hobbies: Basketball and playing video games

Bucket list: Skydiving

Hidden talent: "I can do flips. I can do a bunch of different flips."

Favorite food: Sweet potatoes

Favorite TV show: *SpongeBob SquarePants*

Favorite movie: *Taken*

SEASON HIGHLIGHTS

2018 - PHILADELPHIA EAGLES (14/5, 1/0)

- Led the Eagles with 511 rushing yards, which are the most ever by an undrafted rookie in team history. Also marked the 8th-most rushing yards in franchise rookie history and most since **Bryce Brown** in 2012 (564)
- Helped the Eagles take a 13-10 lead with a 6-yard rushing TD in the second quarter of the 30-23 win at LAR (12/16/18)
- Ran for a career-high 85 yards in the 28-13 win vs. Was. (12/3/18). Marked the most rushing yards by an Eagles rookie since **Bryce Brown** on 12/2/12 at Dallas (169)



CAREER STATISTICS															
Year	Team	GP/S	RUSHING					RECEIVING					OFF SNAPS		
			Att	Yds	Avg	Lg	TD	Rec	Yds	Avg	Lg	TD	TYS	No	Pct
2018	Philadelphia	14/5	120	511	4.3	29	3	7	58	8.3	13	0	569	252	23%
Totals		14/5	120	511	4.3	29	3	7	58	8.3	13	0	569	---	---
PLAYOFFS															
2018	Philadelphia	1/0	1	2	2.0	2	0	0	0	---	--	0	2	1	1%
Totals		1/0	1	2	2.0	2	0	0	0	---	--	0	2	---	---
ADDITIONAL STATISTICS															
Fumbles/Lost: 1/1 - 2018 (1/1) Special Teams Tackles: 1 - 2018 (1)															

CAREER HIGHS		
Rush Attempts	22	11/25/18 vs. NYG
Rushing Yards	85	12/4/18 vs. Was.
Rushing Long	29	11/11/18 vs. Dal.
Rushing TDs	1	3x, last: 12/16/18 at LAR
Receptions	3	2x, last: 12/30/18 at Was.
Receiving Yards	33	12/30/18 at Was.
Receiving Long	13	12/30/18 at Was.
Receiving TDs	--	---

SEASON HIGHLIGHTS (Continued)

- Totaled a career-high 22 rush attempts for 84 yards while adding his 2nd career rushing TD in the 25-22 win vs. NYG (11/25/18). His 22 attempts are the most by an Eagles rookie since **Bryce Brown** on 12/2/12 at Dallas (24)
- Registered his first career TD with a 28-yard score in the second quarter at NO (11/18/18). Marked the longest rushing TD by an Eagles rookie since **Bryce Brown** on 11/26/12 vs. Carolina (65) and the longest by an Eagles undrafted rookie since **Ted Wegert** on 10/30/55 vs. Pittsburgh (29)

COLLEGE HIGHLIGHTS

- Rushed 480 times for 3,201 yards (6.7 avg.) and 20 TDs and caught 41 passes for 336 yards and 2 TDs at Notre Dame
- Finished his Fighting Irish career with the highest rushing average in school history. From 2015-17, ranked 3rd in the NCAA in yards per carry, trailing only **Bryce Love** (7.8) and **Rashaad Penny** (7.5)
- His 3,201 rushing yards rank 5th in Notre Dame history. Was the fastest running back in school history to reach 1,000+ and 2,000+ rushing yards by carries
- As a junior in 2017, posted career highs in rushing yards (1,430) and TDs (9). Included on several award watch lists, including the Doak Walker Award, Maxwell Award and Heisman Trophy
- Set the Notre Dame record for rushing yards (838) by a freshman in 2015. Posted the longest rushing play (98-yard TD) in Fighting Irish history vs. Wake Forest (11/14/15)

TRANSACTIONS

- 2018** Signed by PHI as undrafted free agent
- 9/1/18** Waived by PHI
- 9/2/18** Signed by PHI to practice squad
- 9/18/18** Activated by PHI from practice squad to 53-man roster





2018 GAME-BY-GAME STATISTICS (PHILADELPHIA)

Date	Opp		GP/S	RUSHING					RECEIVING					TYS	SNAPS	
				Att	Yds	Avg	Lg	TD	Rec	Yds	Avg	Lg	TD		No	Pct
Sep 6	Atl	W	---	EAGLES PRACTICE SQUAD												
Sep 16	at TB	L	---	EAGLES PRACTICE SQUAD												
Sep 23	Ind	W	1/0	6	30	5.0	16	0	0	0	---	--	0	30	8	10%
Sep 30	at Ten	L	1/0	0	0	---	--	0	0	0	---	--	0	0	1	1%
Oct 7	Min	L	1/0	1	-1	-1.0	-1	0	0	0	---	--	0	-1	1	2%
Oct 11	at NYG	W	1/0	0	0	---	--	0	0	0	---	--	0	0	0	0%
Oct 21	Car	L	1/0	4	17	4.3	9	0	0	0	---	--	0	17	8	12%
Oct 28	at Jax	W	1/0	9	61	6.8	21	0	1	6	6.0	6	0	67	18	29%
Nov 11	Dal	L	1/0	7	47	6.7	29	0	0	0	---	--	0	47	19	31%
Nov 18	at NO	L	1/1	7	53	7.6	28	1	3	19	6.3	10	0	72	28	55%
Nov 25	NYG	W	1/1	22	84	3.8	19	1	0	0	---	--	0	84	40	62%
Dec 3	Was	W	1/1	20	85	4.3	18	0	0	0	---	--	0	85	41	55%
Dec 9	at Dal	L	1/1	7	36	5.1	24	0	0	0	---	--	0	36	21	40%
Dec 16	at LAR	W	1/1	15	28	1.9	8	1	0	0	---	--	0	28	24	38%
Dec 23	Hou	W	1/0	11	21	1.9	6	0	0	0	---	--	0	21	25	30%
Dec 30	at Was	W	1/0	11	50	4.5	13	0	3	33	11.0	13	0	83	18	25%
Totals			14/5	120	511	4.3	29	3	7	58	8.3	13	0	569	252	23%
PLAYOFFS																
Jan 6	at Chi	W	1/0	1	2	2.0	2	0	0	0	---	--	0	2	1	1%
Jan 13	at NO	L	0/0	DID NOT PLAY												
Totals			1/0	1	2	2.0	2	0	0	0	---	--	0	2	1	1%