



KEITH GRAY

ASSISTANT STRENGTH AND CONDITIONING

**8TH YEAR IN NFL • 8TH IN PHILADELPHIA
COLLEGE: VIRGINIA TECH**



Keith Gray is entering his 24th season as a strength and conditioning coach, and is starting his eighth season with the Eagles after joining the team during the 2012 offseason. Prior to arriving in Philadelphia, Gray spent the previous 13 years on the University of Georgia's strength and conditioning staff. Gray joined Georgia's staff as a full-time assistant in 1999, and was promoted to Associate Head strength coach in 2003.

During his tenure with the Bulldogs, he worked with the 2002 and 2005 SEC Champion football teams and the 2003, 2006 and 2008 Sugar Bowl squads. Gray has coached in 14 bowl games, coached 14 All-Americans and seen 16 of his former players taken in the first round of the NFL Draft. Gray also worked as the Director of Strength & Conditioning with the UGA women's tennis teams (2001 and 2002 SEC Tournament Champions) as well as the UGA women's gymnastics program, which captured five SEC titles (2001-02, 04-06) and two NCAA National Championships (2005, 2006).

Prior to his role at Georgia, Gray served as a graduate assistant for strength and conditioning at Auburn University (1997-99), and at Southern Illinois University. Gray was a letterman at Virginia Tech, playing linebacker from 1991-94. He also earned the school's highest strength honor, "Super Iron Hokie". He majored in English and also earned a Master's degree in Performance Enhancement and Injury Prevention.

Gray was named a Master Strength and Conditioning Coach in 2012 by the Collegiate Strength and Conditioning Coaches association (CSCCa), which is regarded as the highest honor given in the strength and conditioning coaching profession.

A native of Stuart, VA, Gray was born on July 10, 1973. He is married to Sara Peters, and they live in Woodbury, NJ.