



6-3 | 255  **5th Year**
DOB: Jan. 20, 1994 (Age 25)

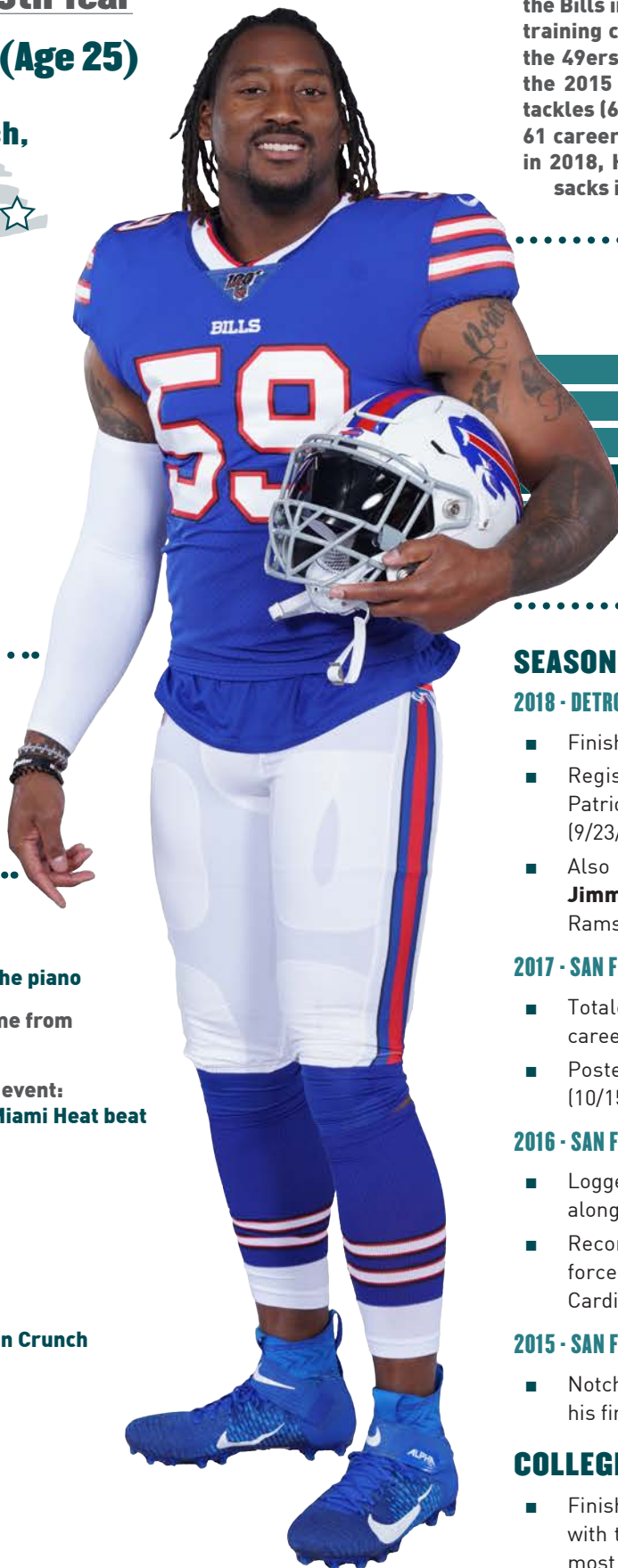
Virginia Beach,
Virginia

Ocean Lakes
High School



Virginia

D3-15 (79th overall)
by San Francisco
Acquired: T-Buf-19



Eli Harold was acquired by the Eagles from the Bills in exchange for T Ryan Bates during training camp in 2019. Originally drafted by the 49ers in the 3rd round (79th overall) of the 2015 NFL Draft, Harold has totaled 93 tackles (64 solo), 9.0 sacks, 1 FF and 2 FRs in 61 career games (24 starts). With the Lions in 2018, Harold amassed a career-high 4.0 sacks in 13 contests.

MOST SACKS

LIONS PLAYERS IN 2018

Romeo Okwara	7.5
Devon Kennard	7.0
Jarrad Davis	6.0
Eli Harold*	4.0
Ezekiel Ansah	4.0

*Career-high 4.0 sacks

Harold posted a career-high 4.0 sacks with Detroit in 2018.

THREE-STEP DROP

Desired talent: Ability to play the piano

If he could take any animal home from the zoo to be a pet: Lion

If he could attend any sporting event: 2013 NBA Finals when the Miami Heat beat the San Antonio Spurs

If he could play another sport: Professional gamer

Favorite vacation spot: Hawaii

Favorite food: Fried chicken

Favorite cereal as a kid: Captain Crunch

Favorite late-night snack: Flamin' Hot Cheetos

Favorite TV show: *Hey Arnold*

Favorite movie: *Life*

Favorite musical artist: Drake

SEASON HIGHLIGHTS

2018 - DETROIT LIONS (13/0)

- Finished with a career-high 4.0 sacks
- Registered a career-best 2.0 sacks vs. Patriots QB **Tom Brady** in the win vs. NE (9/23/18) on *Sunday Night Football*
- Also produced sacks against 49ers QB **Jimmy Garoppolo** at SF (9/16/18) and Rams QB **Jared Goff** vs. LAR (12/2/18)

2017 - SAN FRANCISCO 49ERS (16/10)

- Totaled 34 tackles (26 solo), including a career-high 5 TFLs, and 2.0 sacks
- Posted a career-high 9 tackles at Was. (10/15/17)

2016 - SAN FRANCISCO 49ERS (16/13)

- Logged a career-high 37 tackles (23 solo) along with 3.0 sacks, 1 FF and 1 FR
- Recorded his first career NFL sack and forced fumble at Ari. (11/13/16) against Cardinals QB **Carson Palmer**

2015 - SAN FRANCISCO 49ERS (16/1)

- Notched 13 tackles (8 solo) and recovered his first career fumble as a rookie

COLLEGE HIGHLIGHTS

- Finished his collegiate career at Virginia with the 10th-most TFLs (36.5) and 11th-most sacks (17.5) in school history



CAREER STATISTICS

Year	Team	GP/S	TACKLES					PASS DEFENSE					FUMBLES			DEF SNAPS		
			Total	Solo	Asst	TFL	Sacks	Int	Yds	Lg	TD	PD	QPH	FF	FR	Yds	No	Pct
2015	San Francisco	16/1	13	8	5	4	0.0	0	0	--	0	0	14	0	1	8	337	30%
2016	San Francisco	16/13	37	23	14	3	3.0	0	0	--	0	0	19	1	1	19	690	60%
2017	San Francisco	16/10	34	26	8	5	2.0	0	0	--	0	0	11	0	0	0	452	40%
2018	Detroit	13/0	9	7	2	4	4.0	0	0	--	0	1	11	0	0	0	183	19%
Totals		61/24	93	64	29	16	9.0	0	0	--	0	1	55	1	2	27	---	---

ADDITIONAL STATISTICS

Special Teams Tackles: 2 - 2018 (1), 2015 (1)

CAREER HIGHS

Tackles	9	10/15/17 at Was.
Sacks	2.0	9/23/18 vs. NE
INTs	--	---
PDs	1	12/2/18 vs. LAR
FFs	1	11/13/16 at Ari.
FRs	1	2x, last: 9/18/16 at Car.

MOM'S INSPIRATION

Harold overcame the loss of his nephew, Forrest, from an enlarged heart, and then his mother, Sheila, from pancreatic cancer less than two months apart when he was 16. "I was so young when she passed. We didn't get to have life conversations that help most kids. I feel like her death inspired me to do something greater. It molded me. I feel like helping others who have gone through it is my purpose in life. I tell the guys all the time don't take your anything for granted. Don't take Mother's Day or birthdays for granted. Make sure to send her at ext or call her just to tell her you love her."

MARVEL COLLECTION

Harold has an impressive collection of Marvel comics action figures at his home in Florida. "I'm just a nerd. I love collecting Marvel Pop! action figures by Funko. I always collected action figures growing up. It's just something I did. I have them displayed in my spare bedroom. I'm a big Marvel comics fan. I started collecting these Pop figures about three years ago."

BIRDSEED

Harold and his wife, Kelsey, have a daughter named Zuri, and two American Bulldogs named Toby and Supreme. Harold played football, basketball and track (long and triple jump) in high school and he majored in African American studies at the University of Virginia.



@EliHarold_



@eliharold_

2018 GAME-BY-GAME STATISTICS (DET)

Date	Opp	GP/S	Tot	Solo	Sk	Int	PD	FF	FR	Snaps	Pct
Sep 10	NYJ	L	1/0	1	1	0.0	0	0	0	9	15%
Sep 16	at SF	L	1/0	1	1	1.0	0	0	0	25	39%
Sep 23	NE	W	1/0	3	3	2.0	0	0	0	21	44%
Sep 30	at Dal	L	1/0	0	0	0.0	0	0	0	16	23%
Oct 7	GB	W	0/0	INACTIVE							
Oct 21	at Mia	W	1/0	0	0	0.0	0	0	0	1	2%
Oct 28	Sea	L	1/0	0	0	0.0	0	0	0	8	13%
Nov 4	at Min	L	1/0	0	0	0.0	0	0	0	0	0%
Nov 11	at Chi	L	0/0	INACTIVE							
Nov 18	Car	W	0/0	DID NOT PLAY							
Nov 22	Chi	L	1/0	0	0	0.0	0	0	0	0	0%
Dec 2	LAR	L	1/0	2	1	1.0	0	1	0	39	57%
Dec 9	at Ari	W	1/0	2	1	0.0	0	0	0	38	54%
Dec 16	at Buf	L	1/0	0	0	0.0	0	0	0	2	3%
Dec 23	Min	L	1/0	0	0	0.0	0	0	0	7	12%
Dec 30	at GB	W	1/0	0	0	0.0	0	0	0	17	30%
Totals			13/0	9	7	4.0	0	1	0	183	19%



COLLEGE HIGHLIGHTS (Continued)

- Earned second-team All-ACC honors in 2014, when he started all 12 games and ranked 3rd in the conference with 14.5 TFLs and 6th with 7.0 sacks

TRANSACTIONS

- 2015** Drafted by SF in 3rd round (79th overall)
Signed 4-year contract
- 8/23/18** Acquired by DET from SF in exchange for conditional 2010 7th-round draft choice
- 4/10/19** Signed by BUF
- 8/10/19** Acquired by PHI from BUF in exchange for T **Ryan Bates**