



6-3 | 259 **2nd Year**

DOB: July 12, 1995 (Age 24)



Joe Ostman was originally signed by the Eagles as an undrafted free agent in 2018 and has spent each of the first two years of his NFL career in Philadelphia. Ostman played collegiately at Central Michigan, where he earned first-team All-MAC honors and finished his career as one of the school's all-time defensive leaders in tackles (220), TFLs (45.5) and sacks (26.0).

MOST SACKS

CENTRAL MICHIGAN HISTORY

Dan Bazuin (2003-06)	35.5
Joe Ostman (2014-17)	26.0
Frank Zombo (2006-09)	25.5
Jon McCall (1996-98)	22.0
Mike Nettie (1989-92)	21.0

TACKLES FOR LOSS

CENTRAL MICHIGAN HISTORY

Dan Bazuin (2003-06)	60.5
Joe Ostman (2014-17)	45.5
Several players tied	40.0

COLLEGE HIGHLIGHTS

- ▶ Finished his collegiate career as one of Central Michigan's all-time defensive leaders in tackles (220), TFLs (45.5) and sacks (26.0)
- ▶ Named the Co-Defensive Player of the Year for Central Michigan following the 2016-17 seasons
- ▶ Received first-team All-MAC honors as a senior in 2017 after totaling 60 tackles (34 solo), 19.5 TFLs and 13.0 sacks. His 13.0 sacks ranked 2nd in the nation, behind Northern Illinois' **Sutton Smith** (14.0)

TRANSACTIONS

2018	Signed by PHI as undrafted free agent
9/1/18	Waived by PHI
9/2/18	Signed by PHI to practice squad
1/14/19	Signed by PHI to reserve/future contract
8/6/19	Placed on Injured Reserve

BIRDSEED

Ostman prepped at LaSalle (MI) High School, where he was a four-year letterwinner playing linebacker and tight end.

Ostman was honored as both the Ski Valley Conference North Defensive and Conference Player of the Year. He led the Saints to a conference championship and advanced to the state semifinals in his junior and senior campaigns.

Ostman also wrestled in high school and was a three-time Michigan state champion. He owns multiple school wrestling records, including consecutive wins (141) and wins in a season (57). In college, Ostman was awarded the 2017 Famous Idaho Potato Bowl Humanitarian Award, received 2016 MAC Academic Team accolades and received an MAC Scholar Athlete of the Week honor.

Before entering the NFL, Ostman worked at his family bakery, Mackinaw Bakery. The bakery was his first and only job before the NFL and it has been in his family for three generations, starting with his great grandfather.

@JoeOstman @joeyostman